



NEURO'S

BAR, RESTAURANT AND SPA

EVENING MENU

SERVED DAILY FROM 5PM -8PM

APPETISERS

SOUP OF THE DAY (1) Soup of the day served with a toasted wedge of house baked bread	£4.50
PLUMP KING PRAWNS (1, 2, 7) Poached in lime and chilli butter served with garlic crostone	£6.00
MARINATED OLIVES (1, 8) With toasted almonds served with rosemary grissini	£3.50
BRUSCHETTA (1) Toasted bread rubbed with garlic, marinated tomatoes with mozzarella, red onion and basil	£5.25
TEMPURA CHICKEN Spiced chicken goujons in tempura batter served with a sweet chilli dip	£5.25

MAIN DISHES

BURGERS

OUR HAND PRESSED BEEF BURGERS ARE MADE USING A 50/50 MIX OF MINCED BRISKET AND CHUCK STEAK AND SERVED IN A PRETZEL BUN WITH HAND CUT CHIPS OR SWEET POTATO FRIES AND SALAD

HAND PRESSED BEEF BURGER (1) Served with beef tomato, red onion and our spiced tomato ketchup	£8.25
HAND PRESSED CHEESE BURGER (1, 7) Served with tomato chilli jam and cheddar cheese	£8.95
CHICKEN BURGER (1, 3, 10) Lemon and thyme marinated chicken breast, served with guacamole and lemon mayonnaise	£9.50
HONEY BARBECUE PULLED PORK IN A BUN (1, 3, 6, 10) Served with apple sauce and homemade red slaw	£9.50
VEGETARIAN BEAN BURGER (1) Hand pressed using mixed beans and vegetables served with chargrilled tomato chutney	£8.00

FROM THE WATER

FISH AND CHIPS (3,10) Gluten free batter, hand cuts chips, chunky tartar sauce and garden peas <i>Can be prepared without the batter.</i>	£11.25
MONKFISH COCONUT CURRY (1, 4) With fragrant jasmine rice, garlic and coriander chota naan bread	£15.25
MAPLE GLAZED SALMON (4, 7) Topped with lemon creme fraiche, served with your choice of potato	£11.95



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MEAT AND POULTRY

BARBECUE PORK BELLY (7)	£10.50
Topped with smoked bacon, on a bed of garden peas, braised pak choi, and coated with a cider sauce	
ROAST BREAST OF CHICKEN (7)	£10.95
On a bed of creamed leeks, drizzled with a tomato and caper dressing, served with your choice of potato	
BEEF EN DAUBE (7)	£12.95
Set on creamy mashed potato accompanied with roast root vegetables, finished with a pepper cream	
FLAT IRON STEAK GRIDDLED 8OZ (7)	£15.95
Flat iron steak cooked to your preference, served with dressed leaves, grilled tomato, onion rings, peppercorn sauce and rustic hand cut chips	

PASTA

MACARONI CHEESE (1, 3, 7, 10)	£8.25
Accompanied with a tomato and sweet chilli jam, garnished with fresh pea shoots	
LASAGNE AL FORNO (1, 7)	£10.25
Served with dressed salad, garlic bread	
PAPPARDELLE PASTA ARRABBIATA (1, 3, 7)	£9.95
With tomato, fresh chopped chilli, torn fresh basil and a side of grana padano	
BAKED AUBERGINE MILANESE (7)	£9.00
Served with a peppery rocket salad	

GLUTEN FREE PASTA IS ALSO AVAILABLE, PLEASE ASK YOUR SERVER

SALADS

ROASTED ROOT VEGETABLE AND GOATS CHEESE SALAD (1, 7)	£10.00
Marinated goat's cheese boilies, served with mediterranean pearl couscous, drizzled with a beetroot and orange dressing	
SMOKED SCOTTISH SALMON SALAD (4)	£10.95
Finished with a dijon honey dressing	

FANCY SOMETHING ELSE ON A SALAD?
Please ask and if we have got it, you can have it.

All Served with your choice of baby potatoes or fries

PLEASE SEE OUR SPECIAL BOARDS

SIDE ORDERS

Hand Cut Fries	£2.00	Steamed Seasonal Vegetables
Sweet Potato Fries		Dressed Side Salad
Baby Potatoes		Toasted Homemade Bread



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DESSERTS

DARK CHOCOLATE MOUSSE (1, 7) With biscotti topped with cointreau cream	£5.25
STICKY TOFFEE PUDDING (1, 3, 7) Coated with salted toffee sauce, finished with a scoop of vanilla ice cream	£5.50
BOMBOLINI (1, 7) Mini homemade doughnuts, served with chantilly cream and chocolate sauce	£5.25
CLASSIC AFFOGATO (1, 7) Monte carlo espresso with vanilla ice cream and disaronno	£6.00
LEMON CURD POSSET (3) Served with raspberry sorbet	£5.50
TRIO OF ICE CREAMS OR SORBETS (1, 3, 7) Served with berries and wafers	£5.25
TRIO OF CHEESE (1, 7) Served with oatcakes and chutney	£5.25
Please ask your server for today's selection of cakes	£2.50

TO FOLLOW

FRESHLY BREWED TEA OR COFFEE
WITH HOMEMADE SHORTBREAD

AMERICANO	£2.50
FLAT WHITE	£2.50
CAPPUCINO	£2.50
LATTE choose to add one of our flavoured syrups	£2.50 £0.50 a shot
HOT CHOCOLATE add freshly whipped cream and marshmallows	£2.50 £0.50
BREAKFAST BLEND TEA	£2.00
ROYAL EARL GREY	£2.00
PERFECT PEPPERMINT	£2.00
GUNPOWDER DELUXE	£2.00
CRANBERRY AND APPLE RIST	£2.00

Decaffeinated tea and coffee also available